

## Small Sided Games - #1 / Two Goal Game, Any Goalkeeper

Start Game – 15 Minutes

### Organisation/ Explanation

- 4 v4 game.
- Playing Area: 25m x 20m.
- Session Set up as illustrated.

**If ball leaves play, play restarts with either:**

- Coach passing a new ball onto the pitch.
- The players take a roll in.
- The players take a throw in.
- The players make a pass in.
- The player dribbles in.

### Rules

- Nearest player to the goal becomes the goalkeeper.
- No offsides.

### Coaching Points

- Encourage players in possession to make the field as big as possible.
- Create space away from the defenders to receive a pass.
- Take on defenders in 1v1 situations.
- Move the ball quickly.
- Play the ball to the outside players as often as possible to score a point.
- When defending, close down the player on the ball quickly.

### Diagram



1. Play a normal 4 v 4 game without keepers.



2. The black player nearest the goal can save the white player's shot.



3. The black team can then quickly launch an attack on the white goal.