

Small Sided Games - #12 / One Big v Two Small

Start Game – 15 Minutes

Organisation/ Explanation

- 4 v4 game + 1 goalkeeper.
- Playing Area: 35m x 20m.
- Set up as illustrated with one normal size goal at one end and two mini goals at the other end.

If ball leaves play, play restarts with:

- Coach passing a new ball onto the pitch immediately.

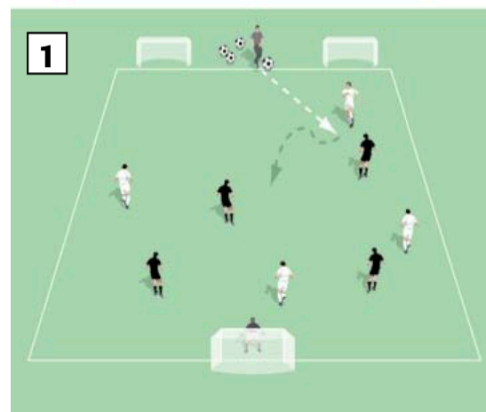
Rules

- One team attacks the normal goal.
- One team attacks the two mini goals.
- The game is played in two halves with each team taking one half attacking the normal goal and one half attacking the mini goals.

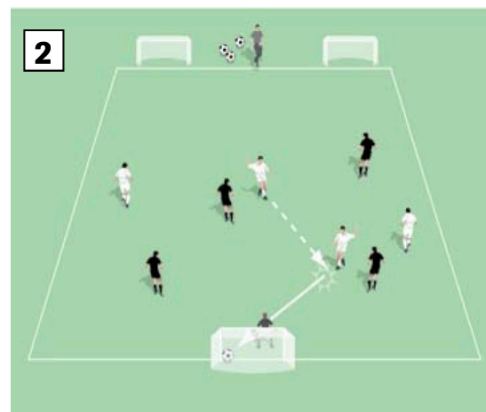
Coaching Points

- Encourage players in possession to make the field as big as possible to receive a pass.
- Take on defenders in 1v1 situations.
- Move the ball quickly.
- Shoot as often as possible.
- When defending, close down player on the ball quickly.

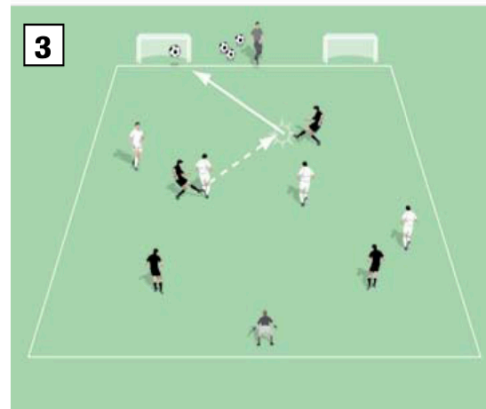
Diagram



1. The white team start with possession.



2. Can they pass their way to the normal sized goal and beat the keeper?



3. If the black team win possession in an advanced position they can simply pass the ball into one of the target goals.