

## Small Sided Games - #13 / Through Pass Game

Start Game – 15 Minutes

### Organisation/ Explanation

- Playing Area: 35m x 30m.
- Set up as illustrated with six mini size goals.
- Two teams of four players.

### If ball leaves play, play restarts with:

- Coach passing a new ball to either one of the teams.

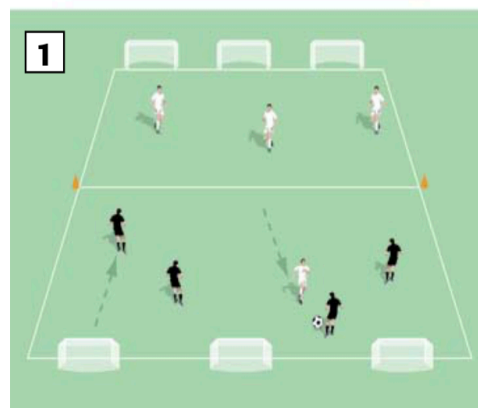
### Rules

- Each team starts in their own half.
- Immediately an opponent races into the area to pressure the player in possession.
- The team in possession of the ball must attempt to create a position in which one of their players can make a pass into one of the target goals.
- The player that attempts the through pass into one of the goals, must then react and go to pressure in the opponent's half.
- The game is played continuously.

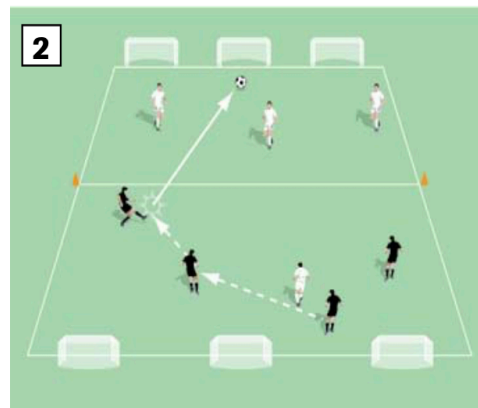
### Coaching Points

- Encourage players in possession to make the field as big as possible to receive a pass.
- Move the ball quickly.
- Shoot as often as possible.
- When defending, close down player on the ball quickly.

### Diagram



1. The game starts with one team in possession and one player applying pressure.



2. The team in possession must create a chance to pass into an opposition mini target goal.



3. If successful, possession switches and the goal-scorer must immediately apply pressure to the opposition.