

Small Sided Games - #4 / Wide Pitch Game

Start Game – 15 Minutes

Organisation/ Explanation

- 4 v4 game + goalkeepers
- Playing Area: 30m x 20m.
- Set up as illustrated. Set up goal on the longer side of the playing area making the pitch wide.

If ball leaves play, play restarts with either:

- Coach passing a new ball onto the pitch.
- The players take a roll in.
- The players take a throw in.
- The players make a pass in.
- The player dribbles in.
- No offsides.

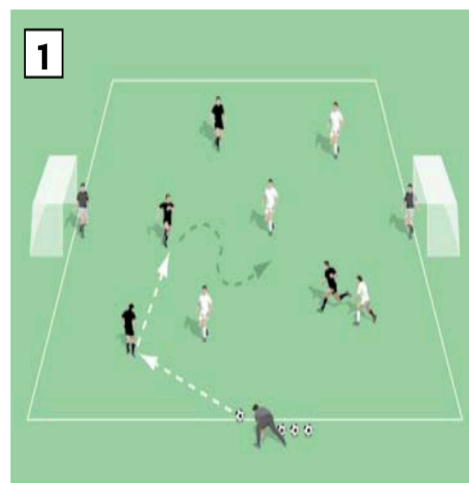
Coach Focus

- The game is played on a wide pitch that is short in length. This practice encourages the following tactics.
- 1) Shooting from distance.
 - 2) Passing the ball into wide areas to create crossing opportunities.

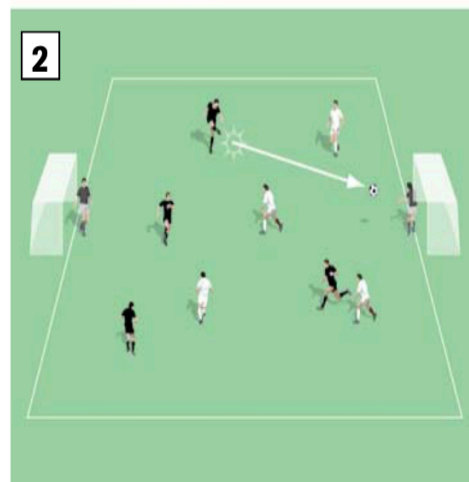
Coaching Points

- Encourage players in possession to make the field as big as possible.
- Create space away from a defender to receive a pass.
- Take on defenders in 1v1 situations.
- Move the ball quickly.
- Shoot as often as possible.
- When defending, close down the player on the ball quickly.

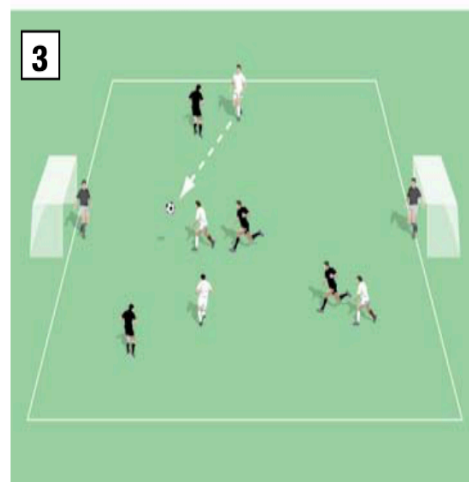
Diagram



1. The coach feeds the ball to the black team to begin attacking the white goal.



2. The wide pitch should encourage your players to shoot from distance.



3. It should also encourage your players to get wide and get crosses on goal.