

## Small Sided Games - #9 / Passers v Defenders – Rewards Game

Start Game – 15 Minutes

### Organisation/ Explanation

- Playing Area: 35m x 25m.
- Mark out a 10m x 10m area as illustrated.
- Two teams of 4 players.
- One goal, one goalkeeper.

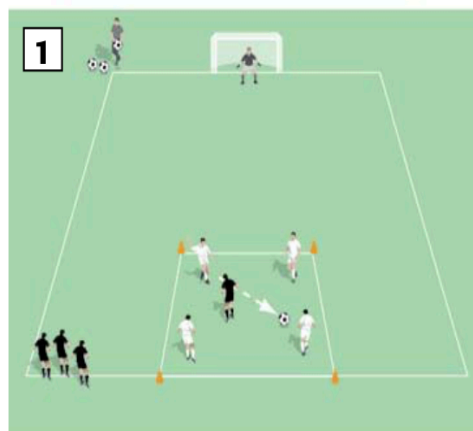
### Rules

- One team works as the passing team.
- One team works as the defenders.
- The passing team work in the 10m x 10m area, passing the ball and attempting to keep possession.
- Each player in the defending team has two turns at entering the area and attempting to win possession from the passing team.
- If the defending player wins the ball or forces a mistake, they break away from the 10m x 10m playing area, receive a pass from the coach and look to shoot at goal.
- If team in possession complete 10 passes they are awarded 1 point.
- After 10 completed passes the defender is replaced by a new defender.
- Rotate attackers and defenders regularly.

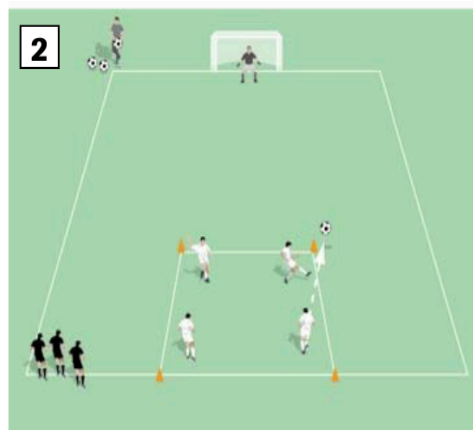
### Coaching Points

- Encourage players in possession to make the playing area as big as possible in the 10m x 10m area.
- Move the ball quickly.

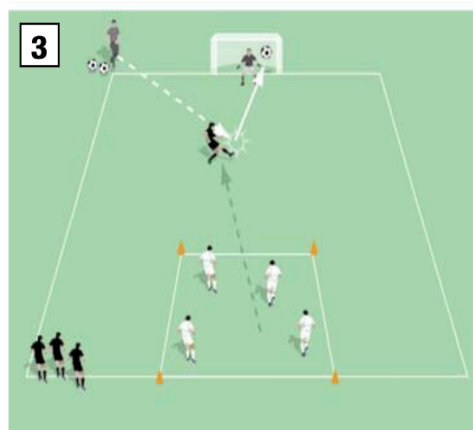
### Diagram



1. The white team play keep-ball against a single defender in the 10 x 10 yard area.



2. Pressure from the defender leads to a mistake by the passing team.



3. The defender then races forward to receive a pass from the coach - he shoots, he scores!