

Recommencement of Training as per PHO - 28 August

	28-Aug	29-Aug	4-Sep	5-Sep	11-Sep	12-Sep	18-Sep	19-Sep	25-Sep	26-Sep	2-Oct	3-Oct	9-Oct	10-Oct	16-Oct	17-Oct	23-Oct	24-Oct	30-Oct	31-Oct		
Mens Premiership	Training		Training		R15	R15	R16	R16	R17	R17	R18	R18	R19	R19	R20	R20	R21	R21	R22	R22		
Community League			Round		Round		Round		Round		Round											
Womens				Round		Round		Round		Round		Round										
Mini-Roos			Round		Round		Round		Round		Friendlies (Optional)		Friendlies (Optional)									
Juniors - Saturday			Round		Round		Round		Round		Friendlies (Optional)		Friendlies (Optional)									
Juniors - Sunday				Round		Round		Round		Round		Friendlies (Optional)		Friendlies (Optional)								

Womens Additional - Mid Week - 15th Sept, 29th Sept and 6th October (for additional round or catch up games)
 Juniors - Clubs have the option to participate in further games to be friendly as indicated

Recommencement of Training as per PHO - 4 September

	28-Aug	29-Aug	4-Sep	5-Sep	11-Sep	12-Sep	18-Sep	19-Sep	25-Sep	26-Sep	2-Oct	3-Oct	9-Oct	10-Oct	16-Oct	17-Oct	23-Oct	24-Oct	30-Oct	31-Oct		
Mens Premiership	NA		Training / Friendlies		Training / Friendlies		Friendlies (Optional)		Friendlies (Optional)		Friendlies (Optional)		Friendlies (Optional)		Friendlies (Optional)		Friendlies (Optional)		Friendlies (Optional)			
Community League			Training		Round		Round		Round		Round											
Womens				Training		Round		Round		Round		Round										
Mini-Roos			Round		Round		Round		Round		Friendlies (Optional)		Friendlies (Optional)									
Juniors - Saturday			Round		Round		Round		Round		Friendlies (Optional)		Friendlies (Optional)									
Juniors - Sunday				Round		Round		Round		Round		Friendlies (Optional)		Friendlies (Optional)								

Women's Additional - Mid week 22 and 29 September. Consideration to be given to a mini tournament across 17 and 24 October (Round Robin style)

Recommencement of Training as per PHO - 11 September

	28-Aug	29-Aug	4-Sep	5-Sep	11-Sep	12-Sep	18-Sep	19-Sep	25-Sep	26-Sep	2-Oct	3-Oct	9-Oct	10-Oct	16-Oct	17-Oct	23-Oct	24-Oct	30-Oct	31-Oct		
Mens Premiership	NA	NA	Training / Friendlies		Training / Friendlies		Friendlies (Optional)		Friendlies (Optional)		Friendlies (optional)		Friendlies (optional)		Friendlies (Optional)		Friendlies (Optional)					
Community League			Training		Round		Round		Round													
Womens				Training		Round		Round														
Mini-Roos					Friendlies (Optional)		Friendlies (Optional)		Friendlies (Optional)		Friendlies (Optional)											
Juniors - Saturday					Friendlies (Optional)		Friendlies (Optional)		Friendlies (Optional)		Friendlies (Optional)											
Juniors - Sunday				Friendlies (Optional)		Friendlies (Optional)		Friendlies (Optional)		Friendlies (Optional)												

Women's / Community League - Utilise long weekend as an additional round or 9/10 Weekend dependant on available grounds