



MEMORANDUM

To: Junior Clubs
From: Football Development Manager
Date: 2nd April 2024
Subject: Coach Education Workshop
Email: jonathanforster@footballsouthcoast.com

Members

Summary of agenda and action items.

Some initiatives that have worked well for clubs / could be implemented moving forward:

- Grouping teams together for training (to assist with sessions and also team allocations as players move into older age groups)
- All age groups training on the one night with different stations for players in each team, however acknowledging logistical challenges as a result of the availability of coaches
- Welcome to football sessions prior to the commencement of the season. The purpose of these can include:
 - Introductory coaching sessions
 - Parents information session on expectations, key points for the Mini-Roo kick off guide to encourage buy-in of the key concepts and to support coaches
- Providing coaches and managers with:
 - polos or tracksuits
 - Folders with coaching information
 - Links to resources
 - Balls, cones and other equipment to facilitate sessions
- Training Walk arounds. Utilising qualified or experienced coaches to attend training sessions and assist / mentor coaches

- Utilising relationship within clubs, ex-players, etc – to assist with coach mentoring and development. Best approach is to tap between on the shoulder rather than rely on social media or other communication channels.

Some action items to be implemented:

- Ensuring clubs obtain names of coaches that have attending coaching courses (See attached)
- Setting up a Whatsapp group to share information, upcoming courses, club initiatives that may assist other clubs (FSC to set up)
- Upskilling coaching coordinators / other delegates to roll out key course content in relation to the Mini Roo Kick Off **Workshop**. (Clubs to contact FSC)
- Conducting coaching courses (eg Mini Roo Kick Off **Workshop**) mid season as coaches have had a chance to settle in and to also act as a reminder on the objectives / development of mini-roo's age groups (FSC to liaise with clubs to organise)
- Assisting clubs with transitioning teams into graded age groups. FSC to coordinate a **workshop** to identify current issues and best practice to assist clubs into transitioning teams and expectations into graded teams.
- Utilising Club Coaching Coordinators to encourage club coaches to attend coaching sessions, attend online courses and access tools that are available on our website via the following link via the FSC Website. A key link to our coaching resources is as follows: [Coaching Archives - Football South Coast](#)
- Some of the specific resources are attached for your information:
 - Mini Roos Kick Off guide – online video [Mini Roo's Kick Off Guide **Workshop** 2022 \(youtube.com\)](#)
 - Mini Roos Session Plans - [MiniRoos Sessions - Football South Coast](#)
 - Mini Roos Kick Off Guide - [MiniRoos-Kick-off-Guide-2021-100221_3.pdf \(footballsouthcoast.com\)](#)

Yours Sincerely

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